This month I'm focusing on the "**How**" portion of communicating with the Universe.

Remember 100% communication with the "U" consists of:

- 60% placing your order
- 30% defining the why, writing it out and letting it fill you with gratitude
- 10% letting the "How" appear

This last portion of communicating is the hardest part for most individuals. It's a hard habit to break to allow oneself to give up control to gain control. **You need to just let go and know the "how" (answers) will appear.**

Here are a few ideas/recommendations I use to allow the "how" to appear in my daily life:

- I keep my daily attitude aligned to my Purpose, Map and Actions (PMA)
- I practice being 100% present in the now. I'm focused on what I stand F.O.R (Future, Outcomes, Realized)
- I know everything I order is inside of me now. I can feel it's alive inside of me. The calendar has to just catch up and it will become an external reality. I tell myself it's go time, this is the day my order will be delivered - I'm prepared and excited for it!
- I remind myself to keep eliminating the falsehoods, mis-preconceptions, that are in front of me. Allow the truth to show itself by suspending all doubt and disbelief. In other words, let go and release yourself into the day. Shift your mindset from logic + reason to being 100% intuitive.

These are just a handful of ways to allow the "how" to appear in your life. What a wonderful feeling it is to be in the now and completely trust yourself with a sense of knowing. Which is radiating outward from the center of yourself. Pulling to you, the future you have ordered.

What are some of the ways you put yourself into a space to allow the "how" to appear? I would love to hear, so please do let me know as everyone has their own path.

Remember the more you are you the more you will do.